7 June 2023



your curated weekly spiritual booster delivered straight to your Inbox

# They can't take everything from you if your everything is Allah.

Assalammualaikum my Champions,

One of the biggest things I have learned from my trip to Singapore this time round is that for as long as Allah SWT is at the focus and centre of our lives, we can get through anything and everything with ease and clarity, no matter how tough things get.

#### It is as simple and as profound as that.

Simple because that is the only rule to follow, profound because it is not as easy as it sounds.

Today, we are being pulled in so many directions, with a million and one things trying to grab our attention, and because we are constantly assaulted by so many influences, it takes complete dedication for your everything to *only* be Allah SWT.

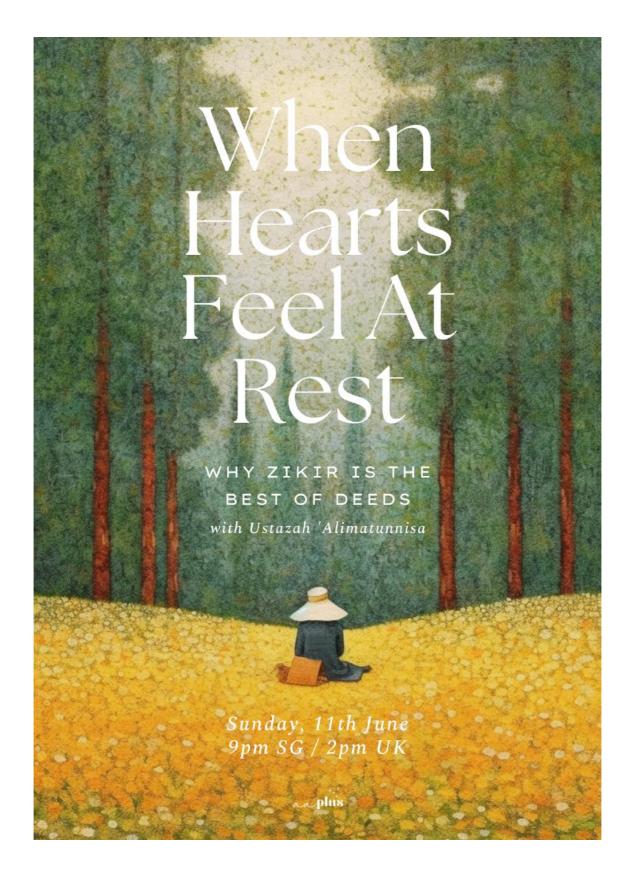
I remember one of my teachers saying, "Back during Rasulullah SAW's time, one can actually see the physical idols that people are worshipping, but today, these "idols" are a lot more carefully hidden, either behind screens, or worse, within ourselves! For example, we may be worshipping our desire for status, wealth, and recognition without even knowing!"

When this happens, our "everything" is no longer only Allah SWT. The space in our hearts that only Allah SWT and His Light and Love can fill is now occupied by things and people that cause us only harm and distress.

Is it any wonder, then, that we go through our lives with nothing but heaviness and unrest?

Which is why today, my dearest Champs, I pray with all my heart that no matter how difficult and tempting this Dunia is, may our everything only be Allah SWT. For when Allah SWT is our everything, we will always have more than what we need, and nothing and no one can take that away from us.

get excited for



I'm looking forward to this Sunday's spiritual shower with Ustazah 'Alima more than ever now as this week has been nothing but a whirlwind! Being in fast-paced Singapore has definitely proved to be challenging Zikir-wise, but on the occasions where I have managed to catch myself before drowning in panic, I truly do find comfort and

refuge in the Remembrance of Him. Which is why this Sunday's restful session with Ustazah 'Alima is not only timely but extremely much needed! I hope to see you all, In Sha Allah.

Join Our Rest-Ful Sunday Session Here

Add this Sunday Session to your GCal

## a beautiful dua

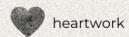
Ya Allah, please heal the wounds that my loved ones don't talk about.

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#abeautifuldua

I was speaking to a friend who had only recently lost her mother. She said, "Aida, my mom didn't tell anyone of her pain. She kept it a secret all this while because she was afraid we would worry. So even in her pain, she was still looking out for us." We both fell silent, and it was at that moment that I realised perhaps many of my loved ones are also currently hiding their wounds in secret - and my heart fell. Only Allah SWT truly knows what anyone is going through, and it is also only Allah SWT who can soothe all pain and heartbreak, hence this Dua!

#### heartwork that heals

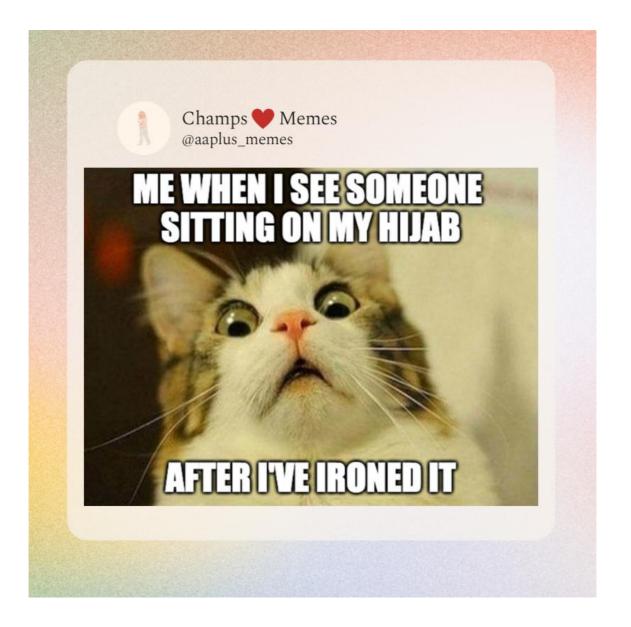


keep it clean keep it clean keep it clean keep it clean keep it clean

My teammate Reen shared with me a quote today that I love, 'Keep your home clean as if you are excepting a visitor, and keep your heart clean as if you are expecting death'. This made me want to strive even more to be mindful and disciplined in keeping my thoughts, my intentions, my speech, my home and my heart clean! I suppose the first step to take if I want to keep it all clean is to weed out anything and everything that might contaminate and taint the purity of things - whether this be the kind of content and materials I expose myself to, the food I eat, the clothes I wear, the things I purchase - basically anything that will have an effect on my "cleanliness" index! And as a believer, it is crucial to be vigilant about this as Rasulullah

said, "Cleanliness is half of faith!" (Muslim)

# muslim meme



OH EM GEE! It takes every amount of patience in me not to lose it when I see someone sitting on the hijab that I have painstakingly ironed! Ironing a shawl requires so much finesse and mastery that no one, not even my dearest and closest, gets off lightly should they commit this "crime"!

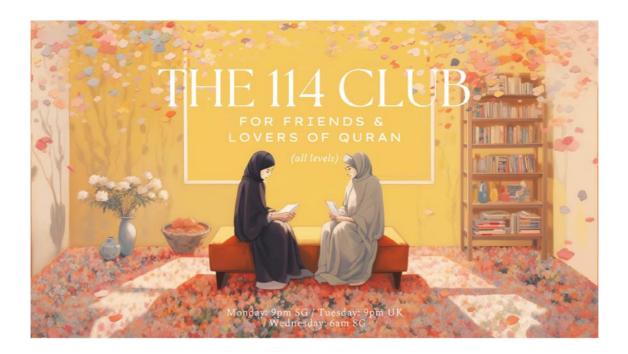
# to ponder



This is something I've been mulling about lately. When deciding on things, do I consider more about the effect of it on my character, or am I more concerned about my reputation? The truth of the matter is, our reputation lies in the hands of others, and is something that is not in our control. Our character, on the other hand, is something that we can work on, and most importantly, what Allah SWT looks at. So if we are avoiding doing something good, something that Allah SWT will be pleased with, for fear that it will affect our reputation, are we really

doing the right thing? May we beautify our character for our Merciful Creator, rather than ornamenting our reputation for mere creations.

#### PA:



Next week will be the 4th session of running our 114 Club since we started post-Ramadan, and what a beautiful ride it has been. My dream and intention of building a home where the Quran is being recited, reflected and celebrated are slowly becoming true because of all of you, Alhamdulillah! If you are curious about the Quran, and have always wanted to start your journey with it, I highly encourage you to make time and come next week! If you are nervous / shy / insert any valid emotion here, reply to this email and I'll slowly walk you through it all, so you can better understand how our Quran sessions run. I hope you will respond to the nudges of your heart that are telling you to try, for if you never try, you'll never know!

# Add Asia Timing to your GCal Add ROTW Timing to your GCal Add Special Timing to your GCal

And with that, I hope to see you on one of our dates very soon, In Sha Allah! May you never forget that only Allah SWT loves and cares for you the most, and may you stay in constant closeness to the One who created you in perfection.

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